

# Aldridge 10km Race Times



2006	33:00	
2007	31:18	
2008	33:15	
2009	31:53	
2010	31:36	
2011	30:26 (male)	37:35 (female)
2012	32:29 (male)	39:00 (female)
2013	33:39 (male)	43:33 (female)
2014	34:01 (male)	39:29 (female)
2015	33:21 (male)	40:59 (female)
2016	32:45 (male)	38:31 (female)
2017	33:54 (male)	43:00 (female)
2018	34:02 (male)	40:26 (female)

10km Course record held by **Mark Miles** (Belgrave Running Club): **30:26** (2011)

# 5km Race Times



2018    16:41 (male)    21:47 (female)

5km Course records held by **Gary Whitehouse** (Tipton Harriers): **16:41** (2018) and **Sabrina Thomas: 21:47** (2018)

## 4.3km Fun Run Race Times



2012	16:08 (male)	18:09 (female)
2013	16:02 (male)	20:27 (female)
2014	16:13 (male)	17:21 (female)
2015	15:34 (male)	18:57 (female)
2016	18:51 (male)	21:31 (female)
2017	15:49 (male)	19:38 (female)

4.3km Course record held by **Oliver Mardenborough** in **15.34** (2015)