





















## LADIES' AGE GROUP COMPETITION

Name	Age Category	Great Birmingham Run	Cannock Rotary 10K	Sneyd Striders 10M & 5M	Turkey Trot	Wheaton Aston 10K	Action Heart 5M	Fradley 10K	Stafford half	Seven Pools Run	Dudley DK 10K	Lichfield half	Market Drayton 10K	Cannock Chase Trail half	Great Midland Fun Run	Gate Gallop 10K	Meerbrook 15k	Snickerthon 10K & 5K	Snickerthon Half Marathon	West Brom 5k	Birmingham & Black Country Half	Timberhonger 10K	Staffs Knot 5M	Leek Half Marathon	Spitfire 10K	Little Aston 5	Lichfield 10K	Walsall 10K	Walsall 5k	Aldridge Poppy Run	Katherine House 10K	Bells of Pattingham	Total Points	Races entered	Eight best	Nine best	Ten best	Eleven best	Twelve best	Thirteen best		
Isabel Adams	U35																																0	0								
Rachel Antoine	U35			20	19																													39	2							
Gemma Archer	U35																																	0	0							
Sarah Ashton	U35	19	20		20																													59	3							
Lizi Chambers	U35																																	0	0							
Emma Desborough	U35																																	0	0							
Melissa Emery	U35																																	0	0							
Jessica Gray	U35																																	0	0							
Rebecca Grimshaw	U35																																	0	0							
Emma Heaven	U35																																	0	0							
Rachael Jones	U35																																	0	0							
Laura Kirwan	U35			19																														19	1							
Emma Lawton	U35	17																																17	1							
Claire Miller	U35																																	0	0							
Charlotte Newman	U35																																	0	0							
Abigail Scott	U35																																	0	0							
Harbinder Soul	U35																																	0	0							
Lisa Wakeman	U35	20																																20	1							
Lucy Walters	U35																																	0	0							
Emily Wilson-Gavin	U35	18																																18	1							
Amanda Woolaston	U35																																	0	0							
																																		0	0							
Lucy Baker	V35	19		20																														39	2							
Helen Beecham	V35																																	0	0							
Victoria Bird	V35	16																																16	1							
Josephine Clensy	V35																																	0	0							
Sally Davies	V35					18																												18	1							
Joanne Dulson-Cox	V35																																	0	0							
Claire Foster	V35																																	0	0							
Claire Gibbs	V35			19	19	17																												55	3							
Laura Malsbury	V35																																	0	0							
Kara Nicholls	V35	20																																20	1							
Shelley Nicholls	V35																																	0	0							
Claire O'Brien	V35																																	0	0							
Victoria O'Connor	V35	18																																18	1							
Angela Oury	V35	17																																17	1							
Andrea Shaw-Matthews	V35																																	0	0							
Rebecca Steele	V35					19																												19	1							

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Kathryn Stevenson	V35																																0	0							
Jacqueline Wilkes	V35																																	0	0						
Abigail Wright	V35				20	20																												0	0						
Raksha (Roxy) Babla	V40			17		19																												36	2						
Sarah Baggott	V40																																	0	0						
Amy Bell	V40																																	0	0						
Michelle Bennett	V40																																	0	0						
Louise Berry	V40																																	0	0						
Rossella Bigongiari	V40																																	0	0						
Sarah Bishop	V40																																	0	0						
Louise Booker	V40					20																												20	1						
Gail Cooksey	V40																																	0	0						
Claire Crook	V40																																	0	0						
Alison Deeley	V40	20																																20	1						
Sharon Fern	V40																																	0	0						
Sarah-Anne Fitzsimmons	V40	19		19																														38	2						
Louise Gadd	V40																																	0	0						
Helen Hartle	V40																																	0	0						
Jenny Holt	V40																																	0	0						
Irrah King	V40																																	0	0						
Marie Lynch	V40			20																														20	1						
Katie Mcbeth	V40																																	0	0						
Jodie Mccabe	V40																																	0	0						
Helen Peake	V40																																	0	0						
Emma Preston	V40	18		18		18																												54	3						
																																		0	0						
Rebecca Beale	V45	20			19	18																												57	3						
Sarah Connor	V45					16																												16	1						
Anna Davies	V45																																	0	0						
Vikki Dobbs	V45					13																												13	1						
Stephanie Elcock	V45					14																												14	1						
Diane Hammond	V45				18	17																												35	2						
Donna Healy	V45																																	0	0						
Sharon Houghton	V45	18																																18	1						
Nicola James	V45					12																												12	1						
Karen Kiteley	V45		20	20	20	20																												80	4						
Ruth Levesley	V45																																	0	0						

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Jackie Newman	V45																																0	0							
Sharon Shirley	V45					15																												15	1						
Joanna Stephens	V45		19																															19	1						
Joanne Woods	V45																																	0	0						
Katrina Anne Wyke	V45	19	18			19																												56	3						
																																		0	0						
Sue Baker	V50																																	0	0						
Lorraine Beesley	V50					20																												20	1						
Jo Butler	V50	20																																20	1						
Tracey Chadwick	V50																																	0	0						
Linda Cundliffe	V50																																	0	0						
Sonia Dean	V50																																	0	0						
Samantha Ducille	V50																																	0	0						
Lynda Elmore	V50					17																												17	1						
Sharon Farmer	V50																																	0	0						
Sarah Hinkley	V50																																	0	0						
Barbara Johnson	V50					19																												19	1						
Cathryn Jones	V50																																	0	0						
Kay McHugh	V50																																	0	0						
Helen Phillips	V50					18																												18	1						
Anita Redmond	V50																																	0	0						
Pauline Smith	V50				20																													20	1						
Jo Yarnall	V50					16																												16	1						
																																		0	0						
Sue Benzie	V60																																	0	0						
Patricia Brazier	V60																																	0	0						
Jill Hastings	V60																																	0	0						
Helen Hirst	V60			20		18																												38	2						
Anne Kelsall	V60					20																												20	1						
Jane Quinn	V60																																	0	0						
Wendy Sargeant	V60																																	0	0						
Jackie Shan	V60					19																												19	1						
Judith Toase	V60																																	0	0						
Karen Waple	V60																																	0	0						
Carol Watson	V60			19																														19	1						
																																		0	0						
Liz Holt	V70																																	0	0						
																																		0	0						

LADIES' AGE GROUP COMPETITION	
Name	Age Category
	16
Great Birmingham Run	4
Cannock Rotary 10K	11
Sneyd Striders 10M & 5M	8
Turkey Trot	24
Wheaton Aston 10K	0
Action Heart 5M	0
Fradley 10K	0
Stafford half	0
Seven Pools Run	0
Dudley DK 10K	0
Lichfield half	0
Market Drayton 10K	0
Cannock Chase Trail half	0
Great Midland Fun Run	0
Gate Gallop 10K	0
Meerbrook 15k	0
Snickerthon 10K & 5K	0
Snickerthon Half Marathon	0
West Brom 5k	0
Birmingham & Black Country Half	0
Timberhonger 10K	0
Staffs Knot 5M	0
Leek Half Marathon	0
Spitfire 10K	
Little Aston 5	
Lichfield 10K	0
Walsall 10K	0
Walsall 5k	0
Aldridge Poppy Run	0
Katherine House 10K	0
Bells of Pattingham	0
<b>Total Points</b>	
Races entered	
Eight best	
Nine best	
Ten best	
Eleven best	
Twelve best	
Thirteen best	