



# Aldridge Running Club

## **CLUB RULES AND CONSTITUTION**

### **1. NAME**

This shall be the ALDRIDGE RUNNING CLUB.

### **2. AIMS**

The aims of the Club shall be to promote running and social events among members.

### **3. MEMBERSHIP**

- a) The Club shall consist of amateurs according to the National Governing Body's definition of an amateur.
- b) Application for membership shall be made in writing to the Club Secretary and approved by a majority of the Management Committee.
- c) Each member shall pay subscriptions decided at the Annual General Meeting. Failure to pay by 1<sup>st</sup> April will result in membership to Aldridge Running Club being terminated.
- d) Subscriptions must be paid for the current year before the member can participate in any Club activity, including election to any office of the Club, except where the Management Committee choose to waive this rule.
- e) To resign, a member should inform the Club Secretary in writing.
- f) Any member guilty of misconduct (i.e. behaviour contrary to the Constitution or Club Codes & Policies) may be cautioned once or expelled from the Club by a majority decision of the Management Committee and UKA will be notified. Any person expelled will have the right to appeal to the Management Committee meeting called and his/her request not later than two weeks from the date of the expulsion.

#### **4. MANAGEMENT**

- a) The Management Committee shall consist of Chairman, Vice-Chairman, Club Secretary, Club Treasurer and eight other members who will be elected at the Annual General Meeting.
- b) An Honorary President may be chosen at the AGM and shall have full voting powers in all matters on the Management Committee.
- c) The Management Committee shall normally meet on a Thursday evening of the Management Committee's choosing.
- d) A quorum for the Management Committee shall be three.
- e) All decisions will be by a majority vote. The Chairman shall have the casting vote in the event of a tie.
- f) The Management Committee has the power to co-opt extra members up to a limit of three, to create trustees, and to form a sub-committee as and when considered necessary.
- g) An auditor(s) who must not be a Committee member must be elected annually at the AGM.
- h) Any of the clubs financial records (namely bank statements, invoices and receipts and information appertaining to income and expenses) will be destroyed 5 years after their issue date save for where the Treasurer of the club believes that such a record is required to be kept for whatever reason.

#### **5. ELECTION OF MANAGEMENT COMMITTEE**

- a) Nominations for posts on the Management Committee must be proposed and seconded in writing and submitted to the current Club Secretary at least two weeks before the AGM, stating which post the nomination is for.
- b) Nominations may be withdrawn by the nominee prior to the AGM, but may not be amended.
- c) If more than one nomination has been received for the same post, the election of the officer or eight Committee members will be conducted by written ballot, on pre-prepared forms to be completed and signed by each voter.
- d) Prior to the written ballot being held to decide the election to a post, the proposer, seconder and nominee of each nomination for that post shall be given the opportunity for one of those three people to speak for no more than one minute in favour of their nomination.

## **6. ANNUAL GENERAL MEETING**

- a) The AGM will be held during September/October and the following business undertaken:

The Chairman's report will be read and discussed.

The audited accounts will be presented.

The officers and Committee members will be elected.

The annual subscriptions will be fixed.

The ballot for the 'Member of the Year' Award will be held.

- b) Members will be notified, at least four weeks before, of the date of the AGM.
- c) Motions to be discussed must be submitted in writing to the Club Secretary at least two weeks before the meeting.
- d) All nominations for Committee posts and motions to be discussed must be notified by the Club Secretary to the Management Committee on the evening that the relevant deadlines for submission are reached.
- e) Standing orders or rules may be changed by a two-thirds majority decision.
- f) One-third of all paid-up members will constitute a quorum.
- g) A member will only be entitled to a vote if he/she has paid his/her annual subscriptions to the Club for that year.
- h) The Chairman shall have the casting vote.

## **7. CLUB COLOURS**

- a) The colours of the Club shall be Sky Blue and Black vests and Black shorts.
- b) Club colours must be worn by all competitors representing the Club at every competitive meeting.

## **8. AMENDMENTS TO THE CONSTITUTION**

- a) The Management Committee, by a two-thirds majority at a quorate meeting, may propose amendments to the Constitution. The changes may be made only at the AGM or an extraordinary general meeting called for that purpose. Four weeks notice must be given for an EGM. A quorum will consist of one-half of the membership. If the motion is passed by a two-thirds majority, the amendment to the constitution will be adopted.
- b) Alternately, ten ordinary paid-up and voting members may petition the Club Secretary in writing to call an EGM, to which the conditions in 8 a) will apply with respect to calling the meeting and voting at it.
- c) Voting rights as at the AGM pertain.

## **9. DISSOLUTION**

- a) The Management Committee, by a two-thirds majority at a quorate meeting, may decide to dissolve the Club. It must then call an EGM giving four weeks notice to all Club members. If the motion is passed by a two-thirds majority, the Club will then be dissolved.
- b) Alternately, ten ordinary paid-up and voting members may petition the Club Secretary in writing to call an EGM, to which the conditions in 8 a) will apply with respect to calling the meeting and voting at it.
- c) Voting rights as at the AGM pertain.
- d) Upon dissolution, any funds remaining after all debts have been met will be divided equally among all remaining members.