



**New Programmes starting
week commencing
15th January 2018**



Jogwalsall

FREE programme to get you off the couch and running 5km in 12 weeks

Mondays: Willenhall Memorial Park
(meet at Pavillion) 1:30pm – 2:30pm

Monday: Walsall Arboretum
(meet at visitor centre) 5:30pm – 6:30pm

Wednesday: Bloxwich Active Living
Centre (meet inside centre)
10:00am – 11:00am

Wednesday: Bloxwich Active Living Centre
(meet inside centre) 7:00pm – 8:00pm

Thursday: Oak Park Active Living Centre
(meet inside centre) 10:00am – 11:00am

Thursday: St Michaels Church Pelsall
(meet outside church) 7.00pm - 8.00pm

Friday: Walsall Arboretum
(meet at visitor centre) 1:00pm – 2:00pm

**Call Sport and Leisure for details
or to register on 01922 658080**



Walsall Leisure