

Brathay Windermere Marathon

Sunday 19 May 2013



After a week of rain thankfully the weather remained dry for the Brathay Windermere marathon. The event started off with all the marathon runners cheering the 15 runners who had already run the marathon the previous 9 days and were today completing their 10 in 10 for the Brathay trust charity!! It was a very moving experience when we cheered them all off

Then it was our turn, let down to the start by a drumming band it wasn't long before we were off on the undulating course which quickly turned into hills, hills and more hills. the big one came at mile 7 and so with a lot of other runners I walked up it eating a snickers given to me by a fellow runner to keep my energy levels up. Running through Hawkeshead was very moving as people came out in force to cheer us on, but nothing could prepare me when we reached 20 miles and we headed down into Bowness to a sea of tourists all cheering us on I ran with goosebumps and tears streaming down my face!!



The views were outstanding, even though it was the hilliest marathon I have completed it was easily the most scenic and most emotional marathon I have done to date. The finish just after Watersedge in Ambleside saw me running towards my children and it was such a great feeling to run through the finish line with them shouting and cheering my name knowing how proud they were of me.

A tough marathon but one I would highly recommend if anyone wants a challenge but a great sense of achievement after



Jo Yarnall