

Aldridge Running Club - Clubnight Routes

April 2018

Date	Distance	Route		Meeting Point
03/03/2018	1 - 3 Miles	Leighswood Road Mile Loops		On the grass outside the club
	4 Miles	Greenwood Road 4		In the carpark
	6 Miles	Industrial 6		On road outside club gates
	9 Mile	Steady 9 Mile Group	Will be announced if arranged	On road outside club gates
	2 Miles	Walking Group		In the Club House
	N/A	Effort Sessions	Coach Reeves	In the Club House
10/03/2018	1 - 3 Miles	Leighswood Road Mile Loops		On the grass outside the club
	4 Mile	Greenwood Road 4		In the carpark
	6 Mile	Chester Road 6		On road outside club gates
	9 Miles	Steady 9 Mile Group	Will be announced if arranged	On road outside club gates
	2 Miles	Walking Group		In the Club House
17/04/2018	1 - 3 Miles	Leighswood Road Mile Loops		On the grass outside the club
	4 Miles	1st Handicap Race		In the carpark
	2 Miles	Walking Group		In the Club House
24/04/2018	1 - 3 Miles	Leighswood Road Mile Loops		On the grass outside the club
	4 Miles	Industrial 4		In the carpark
	6 Miles	Chester Road 6		On road outside club gates
	9 Mile	Steady 9 Mile Group	Will be announced if arranged	On road outside club gates
	2 Miles	Walking Group		In the Club House
	N/A	Effort Sessions	Coach Reeves	In the Club House