

Aldridge Running Club - Clubnight Routes

June 2017

Date	Distance	Route	Leader	Middle	Back Marker	Meeting Point
06/06/2017	1 - 3 Miles	Hobs Hole Three mile Loops				On the grass outside the club
	4 Miles	Mill Lane 4				On road outside club gates
	6 Miles	Little Aston Golf Course 6				On road outside club gates
	9 Mile	Steady 9 Mile Group	Will be announced if arranged			On road outside club gates
	2 Miles	Walking Group	Claire Heaven			In the Club House
	N/A	Effort Sessions	Les Reeves			In the Club House
13/06/2017	1 - 3 Miles	Three Mile Loops				On the grass outside the club
	4.3K	ARC 4.3K Route				In the carpark
	10K	ARC 10k Route				On road outside club gates
	2 Miles	Walking Group	Claire Heaven			In the Club House
20/06/2017	1 - 3 Miles	Hobs Hole Three Mile Loops				On the grass outside the club
16/05/2017	4 Miles	3rd Handicap Race				On the Road outside the club
	2 Miles	Walking Group	Claire Heaven			In the Club House
27/06/2017	1 - 3 Miles	Hobs Hole Three Mile Loops				On the grass outside the club
	4 Miles	Mill Lane 4				In the carpark
	6 Miles	Little Aston Golf Course 6				On road outside club gates
	9 Mile	Steady 9 Mile Group	Will be announced if arranged			In the Club House
	2 Miles	Walking Group	Claire Heaven			In the Club House
	N/A	Effort Sessions	Les Reeves			In the Club House