

**ARC RISK ASSESSMENT****COVID -19****JULY 2020**

<b>Hazard</b>	<b>who can be harmed and how</b>	<b>existing control measures</b>	<b>risk rating (likelihood and severity)</b>	<b>Extra control needed</b>	<b>Action date</b>	<b>Completion date for action needed</b>	<b>Persons responsible</b>
Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease	runners	None		Communications with all members prior to accessing club activities – updated protocols and measures that have been implemented Communication/guidance for key club officers and volunteers to help with compliance Frequency of communication and compliance i.e. disclaimers/permission forms	21/7/20	21/7/20	Committee
Spreading/ transmission of Covid-19 through contact with disease on a surface	Runners Other members of S and W club	none		In Car parks/entry for f using toilet facilities Social distancing – Implementation of new protocols for numbers of people attending at the same time/staggering times	21/7/20	21/7/20	Committee

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Spreading / transmission of COVID-19 through contact with disease on a surface	Runners	none		<p>Meeting points Social distancing – does the meeting point allow appropriate levels of social distancing between club members and between club members and members of the public? If not can you use a different site/different time etc. Limit numbers attending training sessions</p> <p>toilets liaise with S and W club Members attend training in training clothes and go home in the same clothes (get changed in the car)</p> <p>Routes Are all routes free from obstacles that need to be touched i.e. gates/stiles – can routes be changed to avoid these?</p>	21/7/20	21/7/20	Committee
Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person	Runners	none		<p>As above Meeting points See above</p> <p>toilets See above</p> <p>Routes Social distancing – can runners maintain the relevant distance between each other? Can they maintain the distance between each other and members of the public? If not consider changing the route and or the time of the session. Consider limiting the number of groups setting off from any one site at the same time.</p>	21/7/20	21/7/20	Committee and run leaders

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First aid and dealing with minor injuries	Runners	None		Who has first aid supplies ? do you have PPE Available ? what is the threshold for runners dealing with their own injuries and who decides ?If an additional person is involved in an injury in a group setting how does this impact on social distancing measures?	21/7/20	21/8/20	Committee