

# Aldridge 10km Race Times



	<b>Male</b>	<b>Female</b>
2006	33:00 (Pat Kavanagh)	37:59 (Debbie Walters)
2007	31:18 (Martin Williams)	37:53 (Debbie Walters)
2008	33:15 (Craig Walker)	36:18 (Debra Mason)
2009	31:53 (Jon Pepper)	35:40 (Claire Martin)
2010	31:36 (James Trollope)	35:45 (Debbie Walters)
2011	<b>30:26 (Mark Miles)</b>	37:35 (Lynne Cox)
2012	32:31 (Mark Couldwell)	38:11 (Kim Fawke)
2013	33:39 (Richard Burman)	43:33 (Kerry Schofield)
2014	34:02 (Yousef Al Lathaa)	39:38 (Sian Khan)
2015	33:21 (Yousef Al Lathaa)	40:59 (Sarah Dauncey)
2016	32:46 (Martin Williams)	38:33 (Mel Woodward)
2017	33:54 (Richard Carpenter)	43:00 (Pippa Steele)
2018	34:02 (Paul Ward)	40:26 (Carli Baldwin)
2019	34:01 (Daniel Robinson)	<b>34:01 (Hayley Carruthers)</b>
2022	32:58 (Oliver Harradence)	39:33 (Olivia Harris)
2023	34:38 (Robert Meredith)	40:01 (Olivia Harris)
2024	34:37 (Robert Meredith)	40:28 (Emma Cross)

10km Course records held by:

- **Mark Miles** (Belgrave Running Club) – **30:26** (2011)
- **Hayley Carruthers** (Birchfield Harriers) – **34:01** (2019)

# 5km Race Times

2018	<b>16:41 (Gary Whitehouse)</b>	21:47 (Sabrina Thomas)
2019	17:16 (Danny Swain)	23:41 (Laura Ashwood)
2022	18:13 (Jamie Graham)	<b>20:42 (Amelia Harrison)</b>
2023	No 5k race	
2024	No 5k race	

## 5km Course records held by:

- **Gary Whitehouse** (Tipton Harriers) – **16:41** (2018)
- **Amelia Harrison** – **20:42** (2022)



## 4.3km Fun Run Race Times



	<b>Male</b>	<b>Female</b>
2012	16:08	18:09
2013	16:02	20:27
2014	16:13 (Oliver Mardenborough)	<b>17:21 (Georgia Curry)</b>
<b>2015</b>	<b>15:34 (Oliver Mardenborough)</b>	18:57 (Esther Hunt)
2016	18:51 (Alex Jackson)	21:31 (Kelly Wagstaffe)
2017	15:49 (Danny Swain)	19:38 (Kelly Wagstaffe)

4.3km Course records held by:  
**Oliver Mardenborough – 15.34 (2015)**  
**Georgia Curry – 17.21 (2014)**

2017 was the final run of the 4.3k fun run, which was replaced by the 5k race in 2018.