

Run Routes, December 2024 - January 2025

We are running **Winter Routes** (Details [here](#)).

Date	Distance/Group	Route	Direction
03/12/2024	Reindeer Run, followed by Bring & Share evening		
	Race Training Group	check the App	
10/12/2024	loops	See Tony Baker	
	4 mile	Greenwood 4	Forward
	6 mile	Industrial 6	Forward
	5k Training Group	check the App	
	Race Training Group	check the App	
17/12/2024	Christmas Lights Run, followed by club buffet		
	Race Training Group	check the App	
24/12/2024	No official club runs		
31/12/2024	No official club runs		
07/01/2025	loops	See Tony Baker	
	4 mile	Laburnum 4	Forward
	6 mile	Winter 6	Forward
	5k Training Group	check the App	
	Race Training Group	check the App	
14/01/2025	loops	See Tony Baker	
	4 mile	Winter 4	Reverse
	6 mile	Chester Road 6	Reverse
	5k Training Group	check the App	
	Race Training Group	check the App	
21/01/2025	loops	See Tony Baker	
	4 mile	Industrial 4	Forward
	6 mile	Shire Oak 6	Forward
	5k Training Group	check the App	
	Race Training Group	check the App	
28/01/2025	loops	See Tony Baker	
	4 mile	Greenwood 4	Reverse
	6 mile	Mellish 6.5	Forward
	5k Training Group	check the App	
	Race Training Group	check the App	
04/02/2025	loops	See Tony Baker	
	4 mile	Laburnum 4	Reverse
	6 mile	Industrial 6	Reverse
	5k Training Group	check the App	
	Race Training Group	check the App	